

## MEMBERSHIP

### Personal member

- Personal member (pay-per-use)
- Fitness member (Monthly membership)
  - Morning (7:30~11:00)
  - Day (11:00~17:00)
  - Evening (17:00~21:00)
  - Morning & Evening
  - Regular (All day)

### Corporate member / to be shared by 100 members

## LIST OF CHARGES

### ■ Initial membership

- Fitness member 3,240 yen
- Corporate member 16,200 yen

### ■ Registration

- Personal member 1,080 yen
- Corporate member 325 yen

### ■ Monthly membership

- Fitness member
  - Morning 4,320 yen
  - Day 4,320 yen
  - Evening 4,320 yen
  - Morning&Evening 6,480 yen
  - Regular 8,400 yen
- Corporate member 23,760 yen

### ■ Facility usage

- Personal member
  - 500yen for the first 30 minutes,
  - 250yen for every 15 minutes thereafter
- Corporate member
  - 310yen for the first 60 minutes,
  - 100yen for every 15 minutes thereafter
- Visitor 1,620 yen
  - For 2hours,bath towels included

## FITNESS ZONE

A variety of indoor training machines and equipments are available.



## RELAXATION ZONE

Sit back and relax, even enjoy having a nap. We have 11 private booths, equipped with PC, TV and also with recliner or massage chair. Four out of eleven booths are for ladies only.



## SHOWER & LOCKER ZONE

We have 4 shower booths, two each for men and women. Two-in-one shampoo, body soap, and hair dryers are available. \*Guests are requested to carry locker keys themselves at all times.



*Begin*  
TOC Relaxation Club

〒135-0063

5-7, 3chome, ariake, koutouku, tokyo, japan

03(5500)2555

weekdays 7:30 am~2:00 pm 3:30 pm~9:00 pm

(open:weekdays only)

last check in 8:00 pm